Preschool Snack Menu 2016-2017 School Year

Snack Menu is based on the USDA Preschool Guidelines Daily Snack includes (1-2) components and a glass of 1% milk

Mini Club	Pretzels	Cheezit	Graham	Wheat Toast
Crackers	Bananas	Crackers	Cracker	Peanut Butter
Apple Slices	Milk	Mandarin	Applesauce	Milk
Milk		Oranges	Milk	
		Milk		
Animal	Wheat Toast	English Muffin	Snack Mix	Wheat Thins
Crackers	Jelly	Peanut Butter	Apple Slices	Pineapple
Yogurt	Milk	Milk	Milk	Milk
Milk				
Cheerios	Goldfish	Ritz Cracker	Pretzel Sticks	Scooby Snacks
Banana	Crackers	Peanut Butter	Cheese Slice	Yogurt
Milk	Fruit Cocktail	Milk	Milk	Milk
	Milk			
White Cheddar	Bagel	Graham	Baby Carrots	English Muffin
Cheezits	Cream Cheese	Cracker	Ranch Dressing	Jelly
Apple Slices	Milk	Strawberries	Pretzels	Milk
Milk		Milk	Milk	
Rice Cake	Puffcorn	Cheese Snack	Graham	Club Cracker
Cheese Slice	Apple Slices	Mix	Cracker	Fruit Cocktail
Milk	Milk	Oranges	Yogurt	Milk
		Milk	Milk	
Pretzel	Wheat Thins	Cheezit Snack	Bagel	Graham
Goldfish	Peas	Mix	Jelly	Cracker
Peaches	Milk	Apple Slices	Milk	Pudding
Milk				Milk

On Classroom Celebration Days - 100% juice will be served instead of milk

③ Student Birthday Snacks are store bought snacks provided by the student's family – additional components will be added by LSNS as needed to meet the Preschool Guidelines